



AJ INSTITUTE OF ENGINEERING & TECHNOLOGY

A Unit of Laxmi Memorial Education Trust

(Approved by AICTE, New Delhi, Affiliated to Visvesvaraya Technological University, Belgavi)

Accredited by NBA (BE: CV, CSE, ECE, ISE & ME)

05/02/2024

PROPOSAL

Subject: Community Engagement Initiative at Old Age Home Mannagudda, Mangaluru.

The NSS Unit of AJIET, in collaboration with Old Age Home Mannagudda, Mangaluru, proposes a 15-day visit to the old age home from February 21, 2024, to March 6, 2024. This initiative aims to engage with the elderly residents, provide emotional support, and participate in activities that enhance their well-being and quality of life.

Mapping to Program Outcomes (PO's)

- The event is relevant to **PO6, PO7, PO9 & PO10**
- **PO6: The Engineer and Society:** Apply reasoning informed by contextual knowledge to assess societal, health, safety, legal, and cultural issues and the consequent responsibilities relevant to professional engineering practice.
- **PO7: Environment and Sustainability:** Understand the impact of professional engineering solutions in societal and environmental contexts, and demonstrate knowledge of and need for sustainable development.
- **PO9: Individual and Team Work:** Function effectively as an individual, and as a member or leader in diverse teams, and in multidisciplinary settings.
- **PO10: Communication:** Communicate effectively on complex engineering activities with the engineering community and with society at large, such as, being able to comprehend and write effective reports and design documentation, make effective presentations, and give and receive clear instructions.

Target Participants: Final Year ECE students.


NSS Coordinator

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NAME OF THE EVENT:	Visit to old age Home
ORGANISING COMMITTEE :	NSS Unit ,AJIET & Old Age Home Mannagudda , Mangalur.
DATE :	21/02/2024 to 06/03/2024
EVENT LOCATION	Old Age Home Mannagudda , Mangaluru
NO OF PARTICIPANTS :	26

From February 21, 2024, to March 06, 2024, the students of ECE under the NSS Unit of AJIET, in collaboration with Better Life Home - Old Age Home Mannagudda, undertook a rural outreach program. This initiative was designed to monitor the health and well-being of the elderly residents, maintain cleanliness and hygiene, facilitate social interaction, and provide emotional support. The students of the ECE branch from AJIET committed to empowering psychosocial individuals residing at Better Life Home, contributing to a 15-day visit that fostered profound positive outcomes.

Objectives

1. **Health and Well-Being Monitoring:** Ensure that elderly residents received appropriate medical attention.
2. **Hygiene and Cleanliness Maintenance:** Maintain a clean and healthy environment for the residents.
3. **Facilitation of Social Interaction:** Encourage meaningful social interactions among residents.
4. **Provision of Emotional Support:** Offer emotional support to enhance residents' mental well-being.
5. **Empowerment of Psychosocial Individuals:** Create a nurturing and empowering environment for individuals undergoing psychosocial rehabilitation.

Activities and Engagement

Daily Gatherings

The students of the ECE branch gathered at the rehabilitation centre premises every day at 10:00 AM. Their activities were meticulously planned to maximize engagement and impact.

Stage Performances

Stage performances were organized, providing the individuals an opportunity to showcase their talents and boost their self-esteem. These performances were a significant highlight, fostering a sense of achievement and joy among the participants.

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Interactive Games

Engaging games were conducted to encourage social interaction and teamwork. These activities created a supportive atmosphere where every participant felt valued and included.

Dance and Music Sessions

Dance and music sessions allowed individuals to express themselves freely, contributing to their emotional and psychological well-being. These sessions were instrumental in bringing joy and a sense of community among the residents.

Health and Hygiene Initiatives

The outreach program also focused on ensuring a clean and hygienic environment. Regular health check-ups were conducted to monitor the well-being of the elderly residents, and cleanliness drives were organized to maintain a sanitary living space.

Outcomes

The holistic approach of the program yielded profound positive outcomes:

- **Increased Happiness:** Participants reported feeling happier and more content.
- **Stronger Social Connections:** The program fostered stronger social bonds and reduced feelings of isolation.
- **Enhanced Self-Esteem:** Stage performances and interactive sessions boosted participants' self-esteem.
- **Sense of Family:** The program created a nurturing, family-like environment where participants felt a sense of belonging.
- **Improved Health and Hygiene:** Regular monitoring and cleanliness drives ensured a healthier living environment for the residents.



Figure: Visit to Old Age Home Mannagudda , Mangaluru.

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Figure: Group photo at Old Age Home Mannagudda , Mangaluru.

Conclusion

The collaboration between the NSS Unit of AJIET and Better Life Home - Old Age Home Mannagudda was a testament to the transformative power of compassion, support, and creativity. The program not only improved the lives of the elderly residents and individuals undergoing psychosocial rehabilitation but also instilled a sense of empathy and responsibility in the students of the ECE branch.

Such initiatives highlight the importance of community engagement and the positive impact that collective efforts can have on the lives of those in need. It is essential to continue these efforts and expand our outreach programs to ensure that more individuals can benefit from such compassionate and empowering initiatives.


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Participant Students List

Event: Visit to old age Home. Date: 21/02/2024 to 06/03/2024

Sr.No	USN	Name of Student	Signature
1.	4JK20EC001	Abhijeeth C	
2.	4JK20EC002	Abhinethri C T	
3.	4JK20EC003	Adithya G V	
4.	4JK20EC004	Akash	
5.	4JK20EC006	Amal Dominic	
6.	4JK20EC007	Amith Melric Veigas	
7.	4JK20EC010	Athmiya Raj A G	
8.	4JK20EC011	Bhavish B Malli	
9.	4JK20EC012	Chethan	
10.	4JK20EC013	Deeptha Suresh A	
11.	4JK20EC014	Dhanush V Kotian	
12.	4JK20EC017	Hardik	
13.	4JK20EC018	Harshith	
14.	4JK20EC019	Hemanth Kumar H N	
15.	4JK20EC020	Hitaishini C U	
16.	4JK20EC026	Mohan Singh Khati	
17.	4JK20EC027	Muhammed Rabeeh	
18.	4JK20EC028	Navya B R	
19.	4JK20EC029	Prashanth S M	
20.	4JK20EC033	Sandesh	
21.	4JK20EC034	Seema J Rai	
22.	4JK20EC036	Soundarya B S	
23.	4JK20EC037	Spoorthi	
24.	4JK20EC038	Swasthik Kamath	
25.	4JK20EC039	Valarie N Sequeira	
26.	4JK20EC041	Prajval	

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