



# A J INSTITUTE OF ENGINEERING AND TECHNOLOGY

NH-66, Kottara Chowki, Mangaluru -575006, Karnataka, INDIA

A Unit of Laxmi Memorial Education Trust®

(Approved by AICTE, New Delhi. Affiliated to Visveswaraya Technological University, Belagavi)

Name of the event/activity	Pre-Placement skill enhancement training: Prioritization and Goal Setting		
Organized by	Computer Science & Engineering		
Date of event/activity (DD-MM-YYYY)	05/12/2019-07/12/2019	Time	9:00am-4:45pm
Name of the Resource Person	Mr Ramprasad & team,10 Seconds		
Number of the students participated	52		

## About the Event:

From December 5th to 7th, 2019, a Pre-Placement Skill Enhancement Workshop focused on "Prioritization and Goal Setting" was conducted for 55 Computer Science and Engineering students by Mr. Ramprasad and his team from 10 Seconds. The workshop aimed to prepare students for their upcoming placements by equipping them with essential skills in prioritization and goal setting.

## Workshop Highlights:

### 1. Introduction to Goal Setting:

Mr. Ramprasad began the workshop by explaining the importance of goal setting in both personal and professional contexts. He introduced the SMART criteria (Specific, Measurable, Achievable, Relevant, Time-bound) for setting effective and realistic goals.

### 2. Techniques for Prioritization:

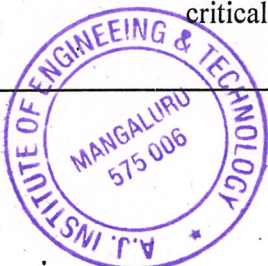
The workshop covered various techniques to help students prioritize their tasks and manage their time efficiently. Mr. Ramprasad emphasized the importance of distinguishing between urgent and important tasks and introduced tools like the Eisenhower Matrix to aid in this process.

### 3. Interactive Activities:

Participants engaged in interactive activities designed to practice setting and prioritizing goals. These activities included group discussions, role-playing scenarios, and individual exercises that reinforced the concepts taught.

### 4. Real-World Applications:

Mr. Ramprasad shared insights from his own experiences and encouraged students to think critically about their own goals.



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Principal  
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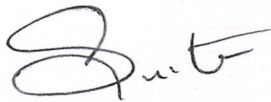
## 5. Personalized Feedback:

Students received personalized feedback on their goal-setting exercises and prioritization strategies. Mr. Ramprasad and his team provided constructive suggestions to help students refine their approaches and achieve their objectives more effectively.

## Photos:



Pre-Placement skill enhancement training: Prioritization and Goal Setting held on 5<sup>th</sup> to 7<sup>th</sup> Decemeber 2019 for third year students by Mr.Ramprasad and team,10 seconds

  
Co-Ordinator

  
HOD

  
Principal

Principal

A.J. Institute of Engineering & Technology  
Mangaluru - 575 006

