



A J INSTITUTE OF ENGINEERING AND TECHNOLOGY

NH-66, Kottara Chowki, Mangaluru -575006, Karnataka, INDIA

A Unit of Laxmi Memorial Education Trust®

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Workshop on “Aptitude, Attitude & Soft skill Training”

Date	26-02-2020 to 27-02-2020 9:30 AM-4:30PM
No. of participants	31
Resource Person	Mr. Stanley D'souza

Report:

A workshop on "Aptitude, Attitude & Soft Skill Training" was held on 26-02-2020 to 27-02-2020 at Software Lab. The workshop was organized by the Dept. of Civil Engineering and aimed to enhance the participants' skills in areas essential for personal and professional development. The event saw the participation of 31 students from 3rd year Civil Engineering.

Objectives

The primary objectives of the workshop were to:

- Improve participants' aptitude in problem-solving and logical reasoning.
- Develop a positive and growth-oriented attitude towards challenges.
- Enhance soft skills such as communication, teamwork, and time management.

Session 1: Aptitude Training

This session covered various topics related to aptitude, including:

- Logical reasoning and problem-solving techniques
- Quantitative aptitude exercises
- Real-world applications of aptitude skills

Participants engaged in interactive exercises and quizzes designed to sharpen their analytical skills.

Session 2: Attitude Development

This session emphasized the importance of maintaining a positive and proactive attitude. Key topics included:

- Understanding the impact of attitude on success
- Strategies to cultivate a growth mindset
- Overcoming challenges and setbacks with resilience

Participants were encouraged to share personal experiences and reflections on how attitude influences their daily lives.



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Session 3: Soft Skill Enhancement

The final session focused on developing essential soft skills, such as:

- Effective communication and active listening
- Teamwork and collaboration
- Time management and prioritization
- Leadership and interpersonal skills

Interactive role-plays, group discussions, and case studies were used to provide hands-on experience.

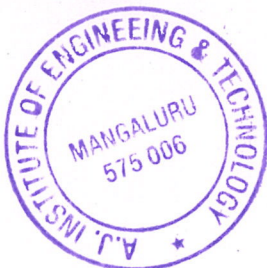
Conclusion

The "Aptitude, Attitude & Soft Skill Training" workshop was a resounding success, providing valuable insights and practical skills to all participants. The positive feedback received suggests that similar workshops should be organized in the future to continue supporting the development of these essential skills.

Photos:



Sammach
Coordinator



Sema.K
HOD-CV

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