



COURSE TITLE: UHV (BUHK408)

Prepared by: Mrs. Pooja Deepak

MODULE-1

INTRODUCTION TO VALUE EDUCATION

RIGHT UNDERSTANDING, RELATIONSHIP AND PHYSICAL FACILITY

SYLLABUS

Right Understanding, Relationship and Physical Facility (Holistic Development and the Role of Education)

Understanding Value Education, Self-exploration as the Process for Value Education, Continuous Happiness and Prosperity – the Basic Human Aspirations, Happiness and Prosperity – Current Scenario, Method to Fulfill the Basic Human Aspirations

NOTES

RIGHT UNDERSTANDING, RELATIONSHIP AND PHYSICAL FACILITY

What is right understanding relationship and physical facilities?

Living with all three: Right understanding, Relationship and Physical facilities is called '**Human Consciousness**'.

- Human Aspirations and their Correct Priority Three things are needed in order to fulfil basic human aspirations. an aspiration–right understanding, right relationships and physical facilities. Our basic aspirations are happiness (mutual fulfilment) and prosperity (mutual prosperity). Happiness is ensured by the relationships with other human beings and prosperity is ensured by working on physical facilities. Right Understanding: This refers to higher order human skills – the need to learn and utilize our intelligence most effectively. Good Relationships: This refers to the interpersonal relationships that a person builds in his or her life – at home, at the workplace and in society. Physical Facilities: This includes the physiological needs of individuals and indicates the necessities as well as the comforts of life. It means the feeling of having or being able to have more physical facilities than is needed.



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- In order to resolve the issues in human relationships, we need to understand them first, and this would come from 'right understanding of relationship'. Similarly, in order to be prosperous and to enrich nature, we need to have the 'right understanding'. The 'right understanding' will enable us to work out our requirements for physical facilities and hence correctly distinguish the difference between wealth and prosperity. With nature as well, we need to understand the harmony in nature, and how we can complement this harmony.
- Animal and Human Consciousness Giving all priorities to physical facilities only, or to live solely on the basis of physical facilities, may be termed as 'Animal Consciousness'. Living with all three: Right understanding, Relationship and Physical facilities is called 'Human Consciousness'.
- For animal, physical facility is necessary as well as complete – whereas for human beings it is necessary but not complete. • Working only for physical facilities is living with Animal Consciousness. • Working for right understanding as the first priority followed by relationship and physical facilities implies living with Human Consciousness. • There is a need for transformation from Animal Consciousness to Human Consciousness. It can be accomplished only by working for right understanding as the first priority. • This transformation from Animal Consciousness to Human Consciousness forms the basis for human values and values based living.

UNDERSTANDING VALUE EDUCATION

Introduction to Value Education

- **The value of human being is its participation towards mutual fulfilment (harmony) starting from within themselves, then extending in their family, in the society and in nature.** The content of value education has to be universal, rational, natural, verifiable and leading to harmony.
- Need for Value Education All human beings aspire for a happy, fulfilling life. For a human being, there are two important questions pertaining to this: • What is my aspiration? (What to do?) • How to fulfil my aspiration? (How to do?) The purpose of education is to facilitate the development of clarity on the aspiration and adequate competence to actualize it. For this, it



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is essential to understand what a happy, fulfilling and successful life is – what is really valuable for human being; what is our purpose as a human being? Understanding human aspiration, or what is really valuable for human being, is the value domain.

- The subject which enables us to understand this domain is called ‘Value Education’ (VE). It enables us to understand our aspirations and visualize our goals for a fulfilling life and indicates the direction for their fulfillment. In relation to these issues, it also helps to remove our confusions and contradictions. In that sense, VE addresses the issues related to ‘what to do?’. It is also necessary to learn the skills to actualise our aspirations. This is the skill domain. The subject which enables us to learn the skills is called ‘Skill Development’ (SD). It enables us to learn the science, technology, management and other skills for fulfilling our aspiration. In that sense, SD addresses the issues related to ‘how to do?’. Values and skills go hand in hand. Both values and skills are required. There is an essential complementarity between the two. The priority is values, then skills; i.e. first understanding ‘what to do’ and then developing the skills for ‘how to do’. And of course, checking if this results into a fulfilling life! The present education system has largely become skill-biased. For developing skills, the prime emphasis is on science and technology, without a base of values. Skills can only help to provide the means to achieve what is considered valuable. It is not within the scope of science and technology to provide a way to decide what really is valuable. The consequence of skill-biased education is clearly visible in the form of serious crises at the individual, societal and environmental level. Thus, there is a strong need to rectify this situation. Value education is a crucial missing link in the present education system. But more importantly, the prime need of value education is to understand human aspirations, to discover what is truly valuable in life; and work out the program for its fulfillment. Guidelines for Value Education For any input to qualify for Value Education, the following guidelines for the content of the course are important: Universal: It has to be universally applicable to all human beings for all time and all places.
- This implies that values should not change according to sect, creed, nationality, gender, etc. to write on the blackboard for the desired functioning of the classroom. The value or role of a human being is its participation in the larger order. E.g. my role in living with the other



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human being is to ensure the feeling of respect in the relationship. Interestingly, I feel happy in fulfilling my role; and it is fulfilling for the other as well! This value is worth understanding, worth thinking about, worth living.

- The value of human being is to ensure mutual fulfillment in the larger order¹, i.e. in the entire nature/existence, but starting from within themselves, then extending in their family and in the society. Hence, to understand human values, we need to study the human reality along with all that is there in the entire nature/existence which constitutes the larger order. We need to explore and understand things as they are; so that we are able to recognize and fulfill our participation with them. That means the content or scope of study has to be all encompassing, i.e. • It has to cover all dimensions of human being – thought, behavior, work and realization. • It has to cover all levels of human living – individual, family, society, nature and existence.
- Accordingly, the content of Value Education has to be to understand human being, human aspirations, happiness; understand the goal of human life comprehensively; understand the other entities in nature, the innate inter-connectedness, the harmony in the nature/existence and finally the role of human being in this nature/existence. Continuous Happiness and Prosperity as Basic Human Aspirations Whatever we think, whatever we do is with some end state in mind.

SELF EXPLORATION AS THE PROCESS FOR VALUE EDUCATION, CONTINUOUS HAPPINESS AND PROSPERITY

- What is self-exploration as the process of value education?

ANS. Self exploration is **the process to find out what is valuable to me by investigating within myself, what is right for me, true for me, has to be judged within myself**. Through self exploration we get the value of ourselves. We live with different entirety (family, friends, air, soil, water, trees, etc.)

Self-Exploration:

It is the process of finding out what is valuable to me by investigating within myself.



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Exploration = Observing Outside

Self-Exploration = Observing Inside

Purpose of Self-Exploration:

- It is a process of dialogue between 'what you are' and 'what you really want to be'.
- It is a process of self evolution through self-investigation.
- It is a process of knowing oneself and through that, knowing the entire existence.
- It is a process of recognizing one's relationship with every unit in existence and fulfilling it.
- It is a process of knowing human conduct, human character and living accordingly.
- It is a process of being in harmony with oneself and in harmony with entire existence.
- It is a process of identifying our innateness(Svatva) and moving towards Self-Organization(Swantantrata) and Self-Expression(Swarajya)

Content of Self-Exploration:

It involves finding answers for the following –

- My Desire (Aspiration)
- My Program (Process to fulfill my aspirations)

Process of Self-Exploration:

The following points are to be kept in mind regarding the process of Self-Exploration:

- Whatever is stated is a proposal
- Don't start by assuming it to be true or false
- Verify it on your own right
- Don't just accept or reject it on the basis of scriptures, instruments or on the basis of others.
- The following two steps are involved in the process of Self-Exploration:



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- Firstly, verify the proposal on the basis of your natural acceptance

- Secondly, live according to the proposal to validate it experientially.

Natural Acceptance: It is the process of seeing and observing attentively and then using your inner conscience to get the answer from within. It is a way to bring out the goodness in everything naturally.

- It does not change with time/age
- It doesn't depend on place
- It does not depend on our beliefs or past conditioning
- It is always there within us
- It is the same for all of us.

Realization and Understanding:

The process of Self-Exploration results in 'Realization' and 'Understanding' in us. This realization and understanding leads to the following answers –

- Assuring
- Satisfying
- Universal with respect to Time, Space and Individual.

CONTINUOUS HAPPINESS AND PROSPERITY

- Happiness and Prosperity → Continuous. Happiness. = **To be in a state of Harmony.** Prosperity. = The feeling of having more than required Physical Facility.
- Happiness is, to be in a state of liking and in harmony within oneself, with others and with nature at all times. Unhappiness is, to be in a state of dislike and in disharmony.
- Continuity of Happiness = **Harmony at all 4 levels of my Being. (Individual, Family, Society, Nature/Existence)** Program for Continuity of Happiness = Understanding the Harmony & Living in.



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- The Three Keys to Happiness

Scientists have found that the three things that make people most happy are **PLEASURE (doing things you enjoy)**, **ENGAGEMENT (feeling interested in your activities and connected to others)**, and **MEANING (feeling like what you do matters)**.

- Prosperity is, the feeling of having more than the required facilities. To ensure that, one needs to know the required quantity of physical facilities.
- For an animal, physical facility is necessary as well as complete- where as for human beings it is necessary but not complete.
- Working only for physical facilities is living with animal consciousness, while working for right understanding as the first priority followed by relationship and physical facilities implies living with human consciousness.

PROSPERITY

- A successful, flourishing, or thriving condition, especially in financial respects; good fortune.
- **Prosperities**, prosperous circumstances, characterized by financial success or good fortune.
- Prosperity is success or the state of success, especially financial or material success.
- Prosperity often implies success in terms of wealth, health, and happiness. But it can also be used more broadly.
- The verb prosper means to achieve prosperity. Someone who achieves prosperity can be described as prosperous.
- The word prosperity is often paired with words like peace and wealth, such as when wishing people well, as in May your year be full of peace and prosperity.
- Example: You can achieve prosperity through dedication and hard work.

METHOD TO FULFILL THE BASIC HUMAN ASPIRATIONS

The need for right understanding



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- Resolve the issues in human relationships.
- Be prosperous.
- Enrich Nature.
- Work out our requirements for physical facilities.
- Correctly distinguish between wealth and prosperity.
- Understand the harmony in Nature.

Three things are needed in order to fulfill basic human aspirations—**right understanding, right relationships and physical facilities**. Explain meaning of each one of these.” Our basic aspirations are happiness (mutual fulfilment) and prosperity (mutual prosperity).

According to psychologist Abraham Maslow, human beings' physiological needs for **food, water, clothing, shelter, and sleep** must be satisfied in order for them to address more complex needs like mental and physical health, relationships, sobriety, long-term housing, and employment.

EXPECTED QUESTIONS

1. Explain values of education in brief.
2. Explain aspirations in brief
3. What are all the guide lines of value education
4. What do you mean by happiness and prosperity
5. What are the methods to fulfill human aspirations